MEDIA RELEASE

Healthy Communities and Planning for Sustainable City Regions in Ontario A Call to Action from the Ontario Professional Planners Institute

October 24, 2011

For immediate release

To achieve healthy communities and sustainable city regions there needs to be a balance between nature and human development. A truly functional, sustainable, livable and healthy city region integrates and complements the natural environment. This reduces the environmental impact while also helping to promote physical activity, psychological well-being and healthier outcomes for all community members.

"Today, the Ontario Professional Planners Institute has released another important resource to support strong, livable and healthy communities that enhance social well being and are economically sound. The future of our communities and our economies depends upon action now. OPPI calls upon planners, public decision making bodies and the private sector to make healthy community planning a priority.

Mary Lou Tanner, MCIP, RPP, OPPI President

The Ontario Professional Planners Institute is the recognized voice of the Province's planning profession. Our more than 3,500 members work in government, private practice, universities, and non-profit agencies in the fields of urban and rural development, urban design, environmental planning, transportation, health and social services, heritage conservation, housing, and economic development. OPPI members are committed to creating and fostering healthy communities throughout Ontario.

Further information on OPPI's Healthy Communities initiative, including copies of Calls to Action, can be found at:

http://www.ontarioplanners.on.ca/content/Publications/innovativepolicypapers.aspx

This Call to Action is based upon an earlier Call to Action that was released in March 2011 in conjunction with the launch of the Living City Report Card: An Assessment of the Environmental Health of the Greater Toronto Area published by Toronto and Region Conservation Authority (TRCA) and Greater Toronto CivicAction Alliance. For more information on the TRCA or the Alliance, please go to: www.trca.on.ca or <a

OPPI would like to thank Conservation Ontario for their support in reissuing this Call to Action.

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